

AREBOS

Grill Plate

AR-HE-GP4030



Please follow all security measures in this user's manual to ensure a secure use.

Thank you for your trust in AREBOS.

Table of Contents

1. Security instructions	3
1.1 Explanation of the symbols	3
1.2 Intended Use	3
1.3 General safety instructions.....	4
2. Technical data	4
3. Use & Commissioning	5
3.1 Seasoning the Grill Plate.....	5
3.2 Using the Grill Plate	5
4. Cleaning and Care	5
5. Storage	6
6. Environmentally friendly disposal	6
6.1 Disposal and packaging	6
6.2 Disposal of waste equipment	6

Thank you for purchasing our product. Please read the operating instructions carefully before using the product for the first time. If you give the product to a third party, this manual must be handed over with it. Keep the instruction manual for future reference. The drawings in this manual may not match the physical objects. Please refer to the physical objects.

1. Security instructions

1.1 Explanation of the symbols



Warning! Read the safety instructions carefully. Failure to follow the safety precautions can result in serious injury or damage. Keep the operating instructions in a safe place.



Warning! This signal word indicates a hazard with a medium degree of risk which, if not avoided, could result in death or serious injury.



Choking hazard due to plastic bags!
Keep children away!



Warning! Hot Surface!




NOTE: Suitable for food contact.

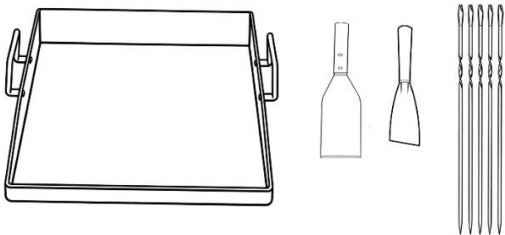
1.2 Intended Use

- The Grill Plate is intended exclusively for grilling various food items. It is intended solely for private use and is not suitable for commercial purposes.
- Use the Grill Plate only as described in this user manual. Any other use is considered improper and may result in property damage or even personal injury.
- The grill plate is not a children's toy. The manufacturer or retailer assumes no liability for damages resulting from improper or incorrect use.

1.3 General safety instructions

-  Please read the following safety instructions carefully before first use. Failure to follow these guidelines may result in injury or damage to the product. Keep this manual for future reference and pass it on to any subsequent users.
- **WARNING! Risk of Suffocation!** Keep packaging materials, such as plastic bags, away from babies and children. Ensure that children do not play with the packaging materials.
- This product is **not a toy**; do not allow children to play with the product or its packaging.
- Always wear **heat-resistant protective gloves** when handling the hot grill plate.
- Never touch the grill plate while it is hot.
- Never place the hot grill plate on **flammable surfaces**.
- Only place the grill plate on **flat, stable, and heat-resistant surfaces**.
- Do not leave the grill plate unattended during use.
- Always keep children and pets away from the grill plate.
- Do not modify the product.
- Always allow the grill plate to cool down completely before cleaning.
- Never extinguish burning grease with water – use a fire blanket or suitable fire extinguisher.
- NOTE: Improper storage may cause damage.
Store the grill plate in a dry, clean place and protect it from direct sunlight. Keep out of reach of children.
- **WARNING:**
 - The grill plate becomes very hot shortly after being placed on the grill. Do not touch it.
 - Place the hot grill plate only on a flat, stable, and heat-resistant surface.
 - Never place the hot grill plate on a cold surface to avoid cracking.
 - Never leave the grill plate unattended during use.

2. Technical data

EAN	4252023129930
Model	AR-HE-GP4030
Weight	6.25kg
Material	Stainless steel
Product Dimensions	40x30x3.8cm
Package Contents	 <p>1pcs grill plate + 2pcs handles + 2pcs spatulas + 5pcs skewers</p>

3. Use & Commissioning

3.1 Seasoning the Grill Plate

Seasoning creates a thin protective oil layer on the stainless-steel surface, which acts as a natural non-stick layer.

Even after seasoning, oil should still be used during grilling.

Steps for Seasoning the Stainless Steel Plancha:

- 1) **Cleaning**
Ensure the grill plate is clean. Wash thoroughly with warm water and dish soap, then dry completely.
- 2) **Applying Oil**
Dip a piece of kitchen paper or a clean cloth into vegetable oil with a high smoke point (e.g. sunflower oil) (e.g. sunflower oil).
Apply a thin layer of oil evenly over the entire surface.
- 3) **Heating**
Place the grill plate on the grill and heat it to approx. 250°C (480°F).
- 4) **Burn-In Process**
Let the grill plate season for approx. 20–30 minutes.
The oil will darken and form a protective layer.
Discoloration of the surface is normal and intended.
- 5) **Cooling Down**
Turn off the heat and allow the grill plate to cool down slowly until it reaches room temperature.
- 6) **Removing Excess Oil**
Remove any excess oil with a clean cloth.
- 7) **Repeat (Optional)**
If desired, repeat the seasoning process to create a thicker protective layer.

3.2 Using the Grill Plate

- 1) **Preheating**
Preheat the grill plate before placing food on it.
Apply a small amount of fat for optimal cooking results.
- 2) **Placing Food**
Place and turn the food using the grill spatula to ensure even cooking.
- 3) **Serving Food**
Once the desired doneness is reached, remove the food and enjoy.
- 4) **Cleaning**
Clean the grill plate after each use, but only once it has cooled down.

NOTE:

Do not exceed temperatures of **350°C (660°F)** to avoid deformation of the grill plate.

4. Cleaning and Care

- Clean the grill plate thoroughly with warm water and dish soap before first use.
- Allow the grill plate to cool completely before cleaning.
- Clean after each use using warm water and dish soap.
- Do not use steel wool, wire brushes, abrasive cleaners, or scouring agents.

- Stubborn residues can be removed with standard oven or grill cleaners.
- Regularly rub the surface with heat-resistant cooking oil.
- Never use olive oil. Remove excess oil with a soft cloth.

Additional Notes:

- Always dry the grill plate and spatula completely to prevent mold.
- Do not use sharp or pointed tools that could damage the surface.
- Do not use aggressive or corrosive cleaning agents.

5. Storage

- Store the grill plate and accessories in a clean, dry place.
- Avoid direct sunlight.
- It is recommended to store the product in its original packaging together with this instruction manual.
- Keep out of reach of children.

6. Environmentally friendly disposal

Warning! from the risk of suffocation! Packaging material is dangerous for children. Never let children play with packaging material.

6.1 Disposal and packaging

The packaging of your device is made of materials necessary to guarantee effective protection during transport. These materials are fully recyclable and thus reduce the environmental impact. Dispose of the packaging in a bin for recyclable materials.

6.2 Disposal of waste equipment

Waste equipment must be disposed of in accordance with the guidelines and regulations of local waste disposal. Contact your local administration

Our customer service number: +44 (0) 208 068 5604

Email: info@arebos.co.uk

AREBOS GmbH

Industriestr. 24 | 97297 Waldbüttelbrunn | Germany

The return address can be found in the imprint: <https://www.arebos.de/impressum>